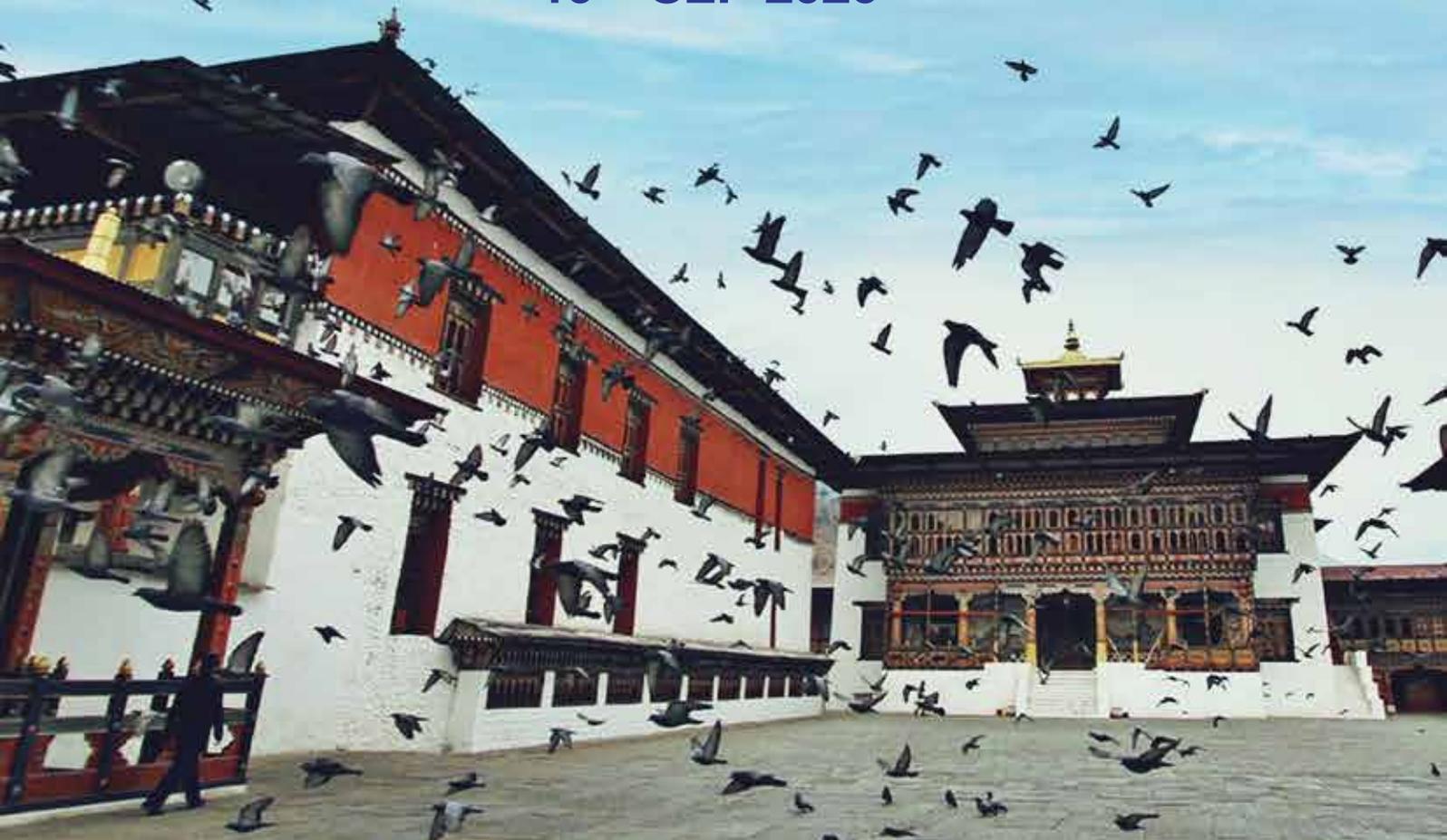




# EXPERIENCE SCENIC & FESTIVE BHUTAN

with **THIMPHU MARATHON**  
19<sup>TH</sup> SEP 2026



CERTIFIED BY



**BHUTAN**  
Believe

ORGANIZED BY:

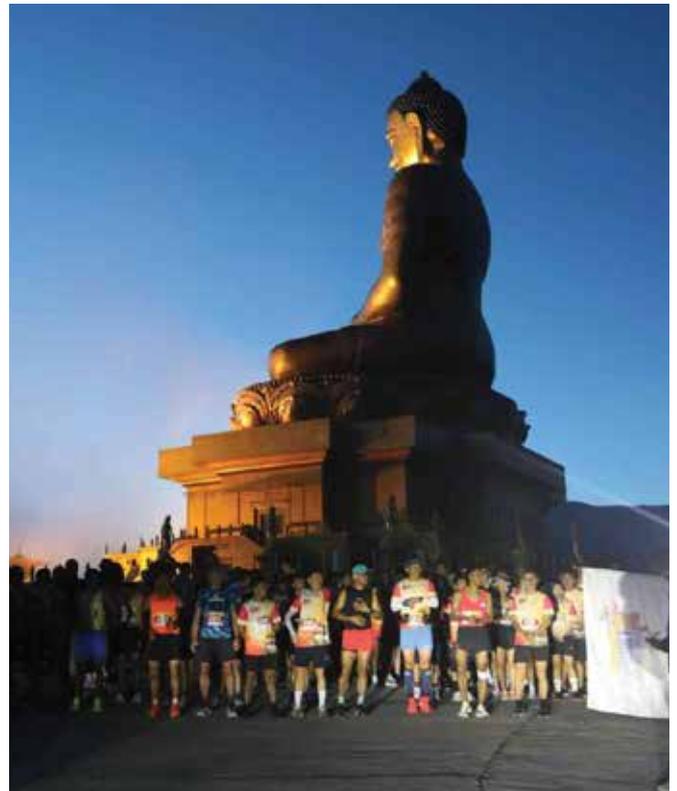


**05 NIGHTS**  
**06 DAYS**

**BHUTAN**  
**EXPERIENCE**

**18-23**  
**SEPT '26**

# AFTER THE GRAND SUCCESS OF THE 1<sup>ST</sup> EDITION OF THIMPHU MARATHON'25



Following the remarkable success of the AIMS Certified Thimphu Marathon – Run for Global Peace 2025, which welcomed over 500 runners from 12+ countries, we are delighted to announce the Second Edition in 2026 on **19<sup>th</sup> September 2026**.

Set amidst Bhutan's sacred valleys and serene Himalayan peaks, the Thimphu Marathon celebrates global peace, climate consciousness, and mindful living, inspired by Bhutan's guiding philosophy of Gross National Happiness and the visionary concept of the Gelephu Mindfulness City.



# DAY 01

FRIDAY, 18  
SEPT'26

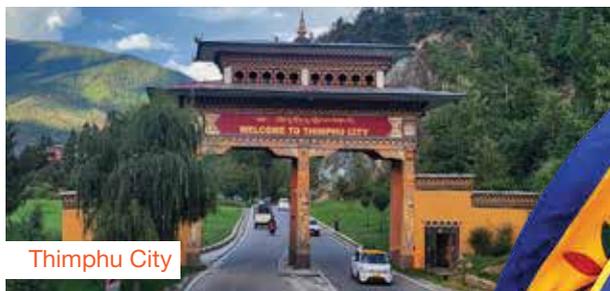
ARRIVAL &  
BIB EXPO

SECTOR	FLIGHT	TIME
NEW DELHI / PARO	KB 201	1230/1520
BANGKOK / PARO – via CCU	B3 701	0630/0955
KATHMANDU / PARO	KB 401	0910/1030

- Arrive at Paro International Airport – where tradition meets tranquility.
- Scenic drive to Thimphu, Bhutan's vibrant capital.
- On the way visit Tamchog Monastery built in 15<sup>th</sup> Century by Thang Tong Gyalpo.
- Hotel check-in and refresh.
- Visit the Memorial Chorten, a national monument dedicated to world peace.
- Evening visit to the **THIMPHU MARATHON** Bib Expo - Collect race kits, meet fellow runners, and enjoy cultural previews.
- Dinner and Overnight at Thimphu Hotel.

MEALS: Lunch and Dinner at hotel.

HOTEL: Puntsopelri, River View or Same



Thimphu City



Memorial Chorten



Bib Expo - Thimphu Marathon



# DAY 02

SATURDAY, 19  
SEPT'26

MARATHON DAY &  
FESTIVAL EXPERIENCE

- **EARLY MORNING:** Participate in the Thimphu Marathon – Run for Global Peace.
- Visit Largest Statue of Buddha Dordenma in the world at Kuensel Phodrang.
- Post-race wellness and recovery session.
- Afternoon transfer to Punakha, the ancient capital of Bhutan.
- Attend the Wangdue Phodrang Tsechu, a spectacular religious festival featuring sacred mask dances, folk songs, and blessings.
- Overnight in Punakha.

**MEALS:** Breakfast and Dinner at hotel. (Lunch at Venue)

**HOTEL:** Hotel River Valley or Same



Thimphu Marathon – Run for Global Peace



Wangdue Phodrang Tsechu



Dordenma - world largest  
statue of Buddha



**ABOUT THE FESTIVAL:** The Wangdue Phodrang Tsechu is a three-day festival celebrating the legacy of Guru Rinpoche. Key highlights include the dramatic Dance of the Ox, sacred mask performances, and rituals that embody Bhutan's living heritage.

# DAY 03

SUNDAY, 20  
SEPT'26

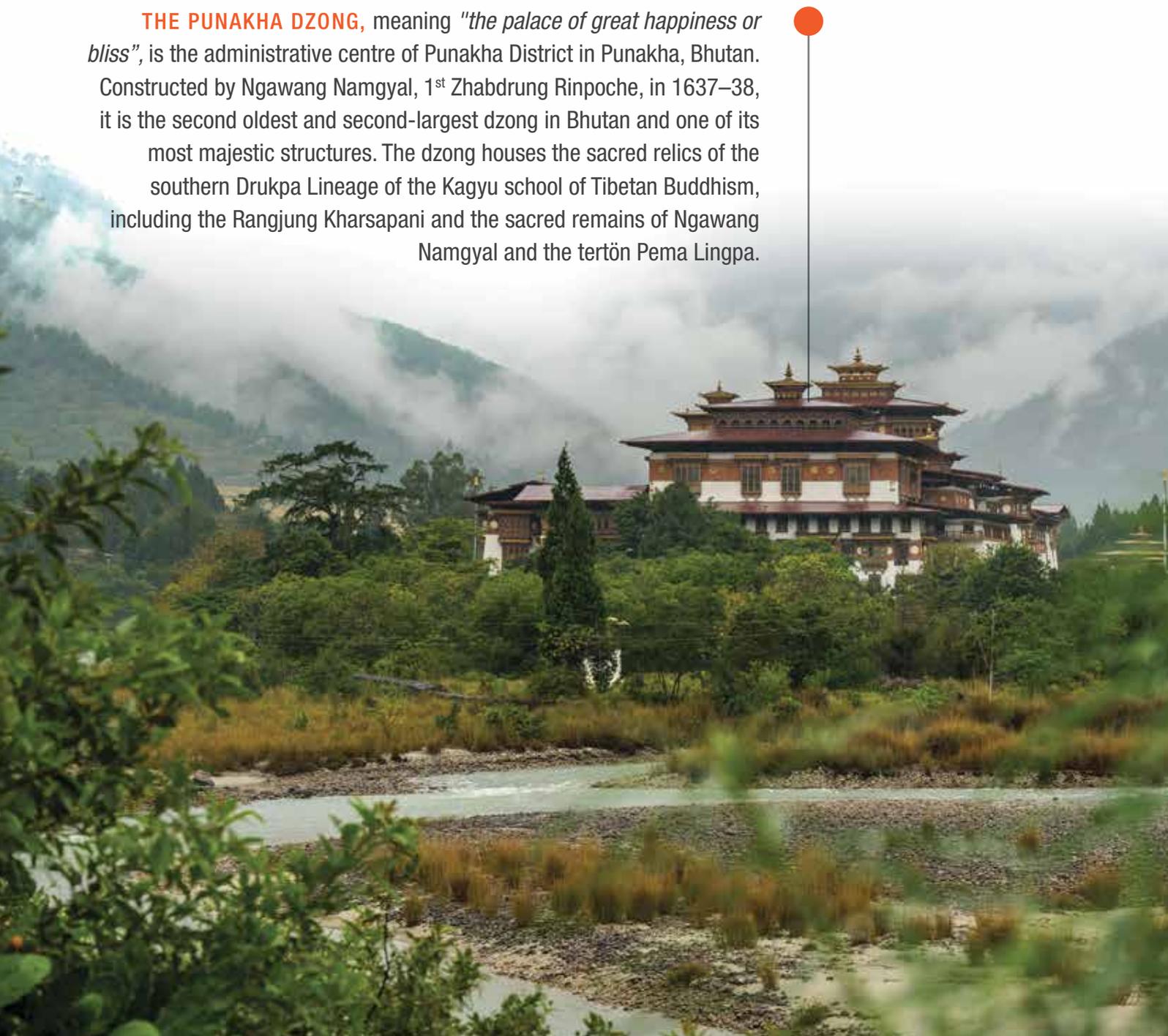
SPIRITUAL HERITAGE  
& SCENIC DRIVE

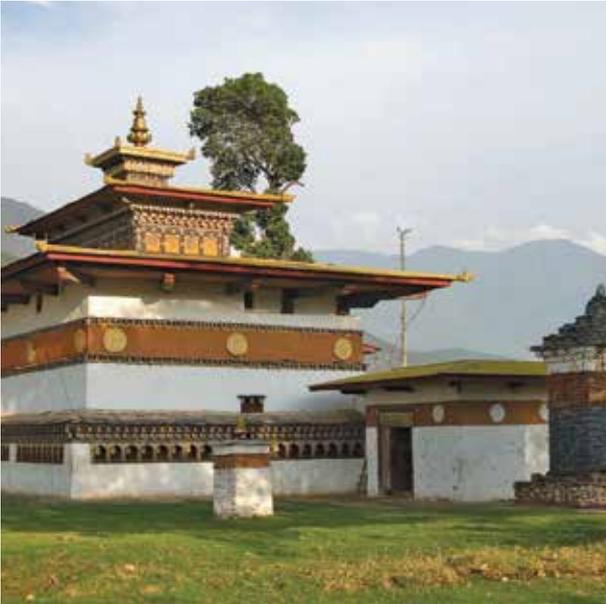
- Visit the Punakha Dzong, “Palace of Great Happiness,” located at the confluence of two rivers.
- Visit Chimi Lhakhang, the “Fertility Temple” built in 1637 by Drukpa Kunley.
- Scenic drive back to Thimphu via Dochula Pass (108 Temples) and Simtokha Dzong, Bhutan’s oldest fortress.
- Evening leisure time in Thimphu.
- Overnight in Thimphu.

MEALS: Breakfast, Lunch and Dinner at hotel.

HOTEL: Phuntsho Pelri, Riverview or Same

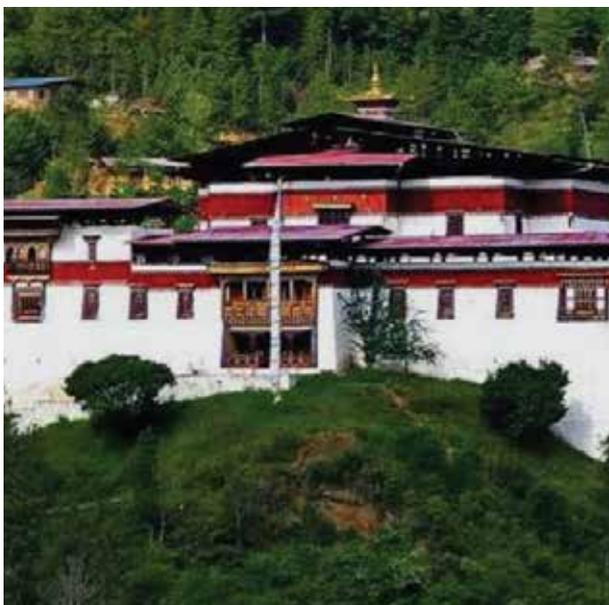
**THE PUNAKHA DZONG**, meaning *“the palace of great happiness or bliss”*, is the administrative centre of Punakha District in Punakha, Bhutan. Constructed by Ngawang Namgyal, 1<sup>st</sup> Zhabdrung Rinpoche, in 1637–38, it is the second oldest and second-largest dzong in Bhutan and one of its most majestic structures. The dzong houses the sacred relics of the southern Drukpa Lineage of the Kagyu school of Tibetan Buddhism, including the Rangjung Kharsapani and the sacred remains of Ngawang Namgyal and the tertön Pema Lingpa.





**CHIMI LHAKHANG**, also known as the "*Fertility Temple*," is a monastery reached via a pleasant 20-30 minute walk through rice fields. It is dedicated to the saint Drukpa Kunley, known as the "Divine Madman," and is famous for its fertility blessings using symbolic phallus imagery, which adorns the temple and surrounding village.

**DOCHULA'S 108 TEMPLES**, or Druk Wangyal Chortens, are a prominent stop on any tour from Thimphu to Punakha. This short itinerary description should mention the serene atmosphere created by the 108 chortens built in memory of Bhutanese soldiers, the chance to see the stunning Himalayan panoramic views on clear days, and a nearby Druk Wangyal Lhakhang temple.



**SIMTOKHA DZONG** is a historic fortress monastery built in 1627, making it the oldest in Bhutan. It now houses the School for Buddhist Studies and offers a serene glimpse into Bhutanese religious and architectural history through its intricate woodwork, murals, and the opportunity to see monks.

# DAY 04

## MONDAY, 21 SEPT'26

## THIMPHU TSECHU & CELEBRATION NIGHT

- Full-day experience at the Thimphu Tsechu, Bhutan's grandest cultural festival (21–23 September 2026).
- Witness sacred masked dances, receive blessings from monks, and explore Tashichho Dzong and Changangkha Lhakhang.
- Transfer to Paro ( 1 Hours 30 Min)
- Overnight in Paro.

MEALS: Breakfast, Lunch and Dinner at hotel.

HOTEL: Paro Grand or Tenzinling

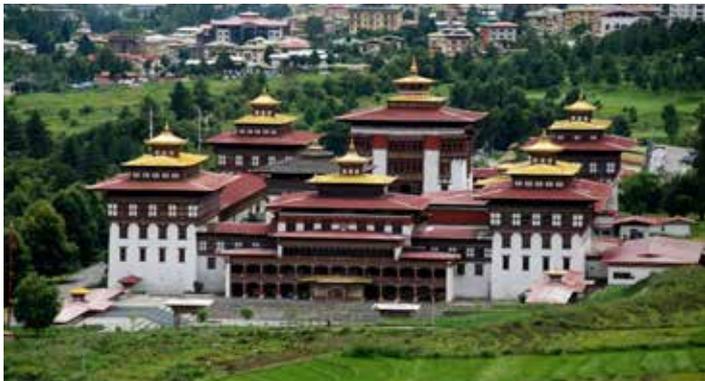
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**THIMPHU TSECHU 2026** is scheduled for September 21-23, 2026.

This major annual religious festival celebrates Guru Rinpoche, who brought Tantric Buddhism to Bhutan. The event in Bhutan's capital features masked dances, spiritual rituals, and the unveiling of a large sacred scroll called a thongdrel.

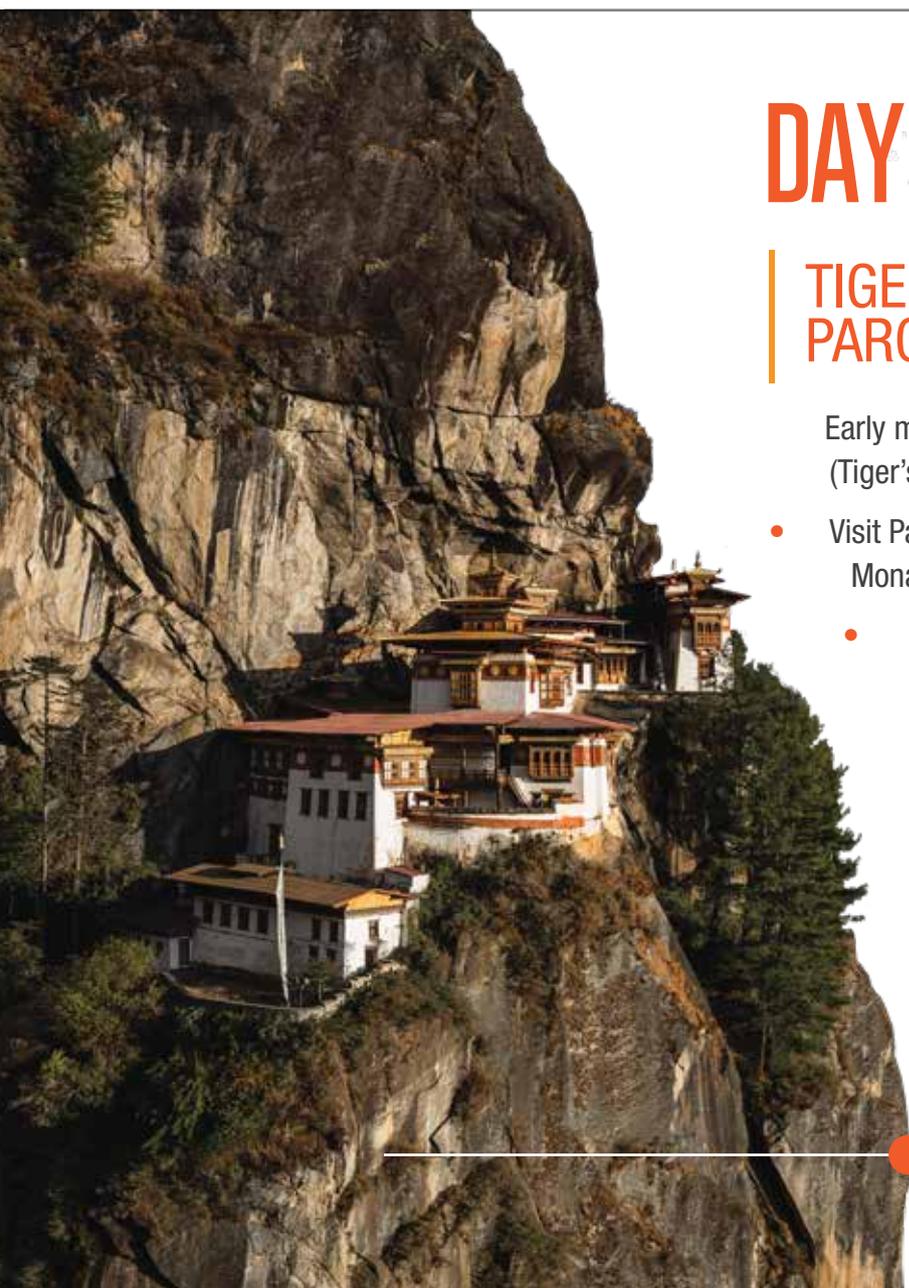
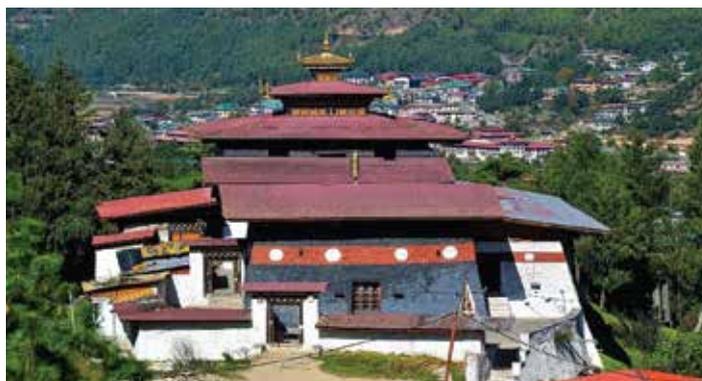
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**TASHICHHO DZONG** is a majestic fortress monastery in Thimphu that serves as the seat of Bhutan's government and religious institutions

**CHANGANGKHA LHAKHANG** is an 12th-century temple perched on a hill overlooking Thimphu, known for its stunning views and spiritual significance. It's a must-visit for tourists to experience local culture, observe prayer rituals, and take photos.



## DAY 05 | TUESDAY, 22 SEPT'26

### TIGER'S NEST & PARO EXPLORATION

Early morning hike to Taktsang Monastery (Tiger's Nest) – Bhutan's most iconic landmark.

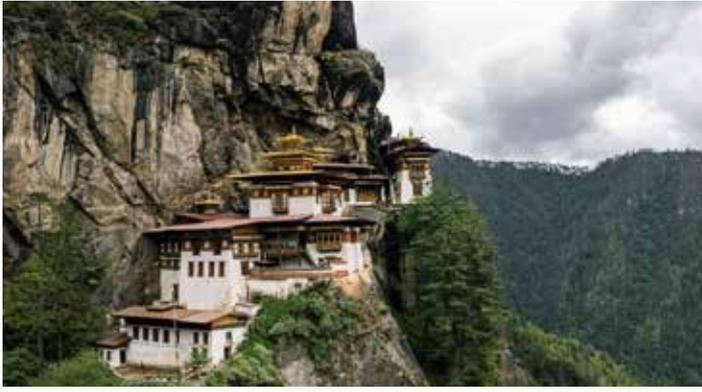
- Visit Paro Dzong (Rinpung Dzong) and Kichu Monasteries.
- Evening Farewell Gala Dinner – with performances, storytelling and unity celebrations
- Overnight in Paro.

**NOTE:** The Gala Dinner is included in the tour package and offered as a special event for marathon participants and guests.

**MEALS:** Breakfast and Dinner at Hotel.

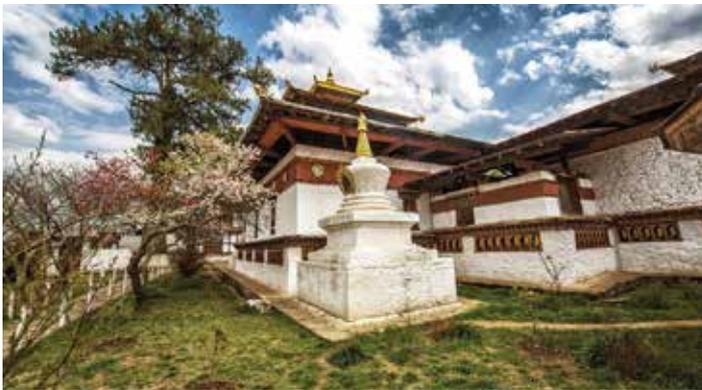
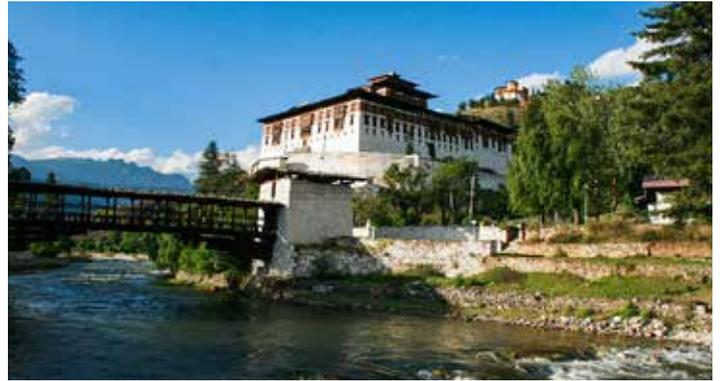
**HOTEL:** Paro Grand or Tenzinling

● **TAKTSANG MONASTERY** (Tiger's Nest)



**TAKTSANG MONASTERY**, or "Tiger's Nest," is a cliffside complex in Bhutan known for its iconic location and spiritual significance. The highlights include an early morning hike through pine forests, a break at a viewpoint café, and exploring the monastery itself, which is a sacred site built around a cave where Guru Rinpoche meditated. The total trek can take 4-6 hours round trip.

**PARO DZONG**, also known as Rinjung Dzong, is a fortress-monastery that is a must-see for its traditional Bhutanese architecture and serves as a central administrative and religious center. It was a primary filming location for Bernardo Bertolucci's 1993 drama "Little Buddha".



**KICHU LHAKHANG**, built in the 7th century by the Tibetan king Songtsen Gampo, Kyichu Lhakhang is considered to be one of the oldest Buddhist temples in Bhutan.

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**DAY 06**

**MONDAY, 23  
SEPT'26**

**DEPARTURE**

- Transfer to Paro International Airport.
- Depart Bhutan with memories of peace, purpose, and personal triumph.

**MEALS:** Breakfast at hotel

SECTOR	FLIGHT	TIME
PARO / NEW DELHI	KB 202	0940 / 1130
PARO / BANGKOK- via CCU	B3 700	1035 / 1605
PARO / KATHMANDU	KB 400	0710 / 0810

## BHUTAN MARATHON TOUR PACKAGE DETAILS

DURATION:	PARTICIPANTS:	TOTAL COST (PER PERSON)	SINGLE SUPPLEMENT:
5 NIGHTS / 6 DAYS	Ex New Delhi	US\$ 2250.00	USD 250.00
	Ex Bangkok-via CCU	US\$ 2640.00	
	Ex Kathmandu	US\$ 2140.00	

## HIGHLIGHTS FOR RUNNERS & TRAVELERS

- Participate in the AIMS Certified Thimphu Marathon – Run for Global Peace
- Witness two grand Bhutanese festivals – Wangdue Tsechu & Thimphu Tsechu 2026
- Explore Bhutan’s three iconic valleys – Paro, Thimphu, and Punakha
- Visit Bhutan’s cultural jewels – Punakha Dzong, Dochula Pass, Tiger’s Nest
- Perfect blend of sports, culture, and spirituality
- Meet the Local People, Visit Bhutanese Villages and Farms.
- Enjoy the scenic Landscapes.
- Wear Bhutanese Costumes/ Dress during Thimphu Tsechu 2026. Inform in advance and we will arrange them accordingly.

## PACKAGE INCLUSIONS

- Return International flight ticket: New Delhi-Paro-New Delhi **OR** Bangkok-Paro-Bangkok-via CCU **OR** Kathmandu-Paro-Kathmandu
- Join group with licensed English-speaking Bhutanese guide and driver (Toyota Coaster).
- All transfers and sightseeing as per itinerary.
- Accommodation in 3-star traditional hotels with private bathrooms (twin sharing).
- All meals (breakfast, lunch, dinner) and bottled Mineral water daily.
- Sightseeing and entrance fees for all listed attractions.
- SDF (Sustainable Development Fee Per Day/ Person 100\$) and local taxes.
- Visa processing and government fees (Per Person 40\$).
- Bank transfer and communication fees.
- Marathon participation including:
  - Entry Fee
  - Official T-shirt
  - Finisher’s Medal
  - BIB Number
  - Participation Certificate.

**REMARKS:** Flight times, schedule or Itinerary may be subject to change depending on local circumstances.

## PACKAGE EXCLUSIONS

- Personal expenses (laundry, drinks, coffee, calls, tips).
- Travel insurance (highly recommended).
- Air fare from your country to Delhi/Kathmandu/Bangkok

## CANCELLATION POLICY (LAND TOUR)

- Non-refundable deposit: USD 300 at booking.
- Full payment due: by 18 June 2026 (3 months prior).

## CANCELLATION CHARGES:

- Less than 45 days: USD 600
- Less than 30 days: USD 900
- Less than 15 days: USD 1,200
- Less than 07 days: No refund

MODE	DETAILS
For Booking/Registration Confirmation	Advance USD 300 Pay by Card: <a href="https://rzp.io/rzp/QM36kHsE">https://rzp.io/rzp/QM36kHsE</a> Buddha.Tours
Balance amount payable before 18-Jul-26 into below given USD Account.	
BANK NAME	SHINHAN BANK
ACCOUNT NUMBER	180-011-159159
ACCOUNT NAME	SINHA NAVIN KUMAR (DOTORI KOREA)
SWIFT CODE	SHBKKRSE
BRANCH	JONGRO, SEOUL, SOUTH KOREA
ADDRESS	20, Sejong-daero 9-gil, Jung-gu, Seoul, South Korea 04513

## DELAYED ARRIVALS

- No cancellation fees apply for delays caused by weather conditions or roadblocks.
- However, travelers will bear the cost of food, accommodation, and transport during such periods.

## NOTE:

- Flight schedules and fares are indicative and subject to change.
- Advance booking is recommended, as Paro International Airport has limited daily flights.
- Only Druk Air and Bhutan Airlines operate direct flights to Bhutan.
- Scanned copy of Valid Passport & Photograph require for **BHUTAN VISA**.

## USEFULL INFORMATIONS:

- Registration Process: Visit [www.bhutanmarathon.com](http://www.bhutanmarathon.com) and click on register, Follow the steps and fill all the required information.
- **VISA PROCESS:** FOR FOREIGNERS: Please provide us scanned copy of valid passport with passport size photo 1 Month before departure.

**FOR INDIANS:** Please provide us scanned copy of valid passport with passport size photo 1 Month before departure.

In case of not having passport For Indians only: Scanned copy of original Voter ID Card (Election I Card) is required. The same has to be shown at the time of entry. Voter ID card should must be original card issued by election commission of India. Downloaded Voter ID card from the Election commission of India is strictly prohibited.

- **CURRENCY:** Indian currency is widely accepted in Bhutan and is having same value as Bhutanese currency NU.  
UPI payment is also available from any platform in Bhutan.
- Based on long-term climate data, the weather in Thimphu, Bhutan, around September 19, 2026, is expected to be a transition period from the monsoon season to early autumn. You can anticipate a blend of warm, pleasant days, cool evenings, and a moderate chance of lingering rain showers.

### KEY CLIMATE FACTORS FOR SEPTEMBER 19, 2026:

**TEMPERATURE:** Average daytime highs around 20°C - 24°C (68°F - 75°F) with evening lows dropping to approximately 7°C - 10°C (44°F - 50°F).

**RAINFALL:** While the heavy monsoon rains usually end by August, light to moderate rainfall is still likely, with an average of 14-22 rainy days throughout the month.

**CONDITIONS:** The landscape will be lush and green. Expect increasing sunshine, with around 5-6 hours of sun daily.

**UV INDEX:** High (up to 11+).

ROUTE MAP	
2.5 KM MEMORIAL RUN	<a href="https://www.strava.com/routes/3395600876538077650">https://www.strava.com/routes/3395600876538077650</a>
05 KM FINAL GREEN RUN	<a href="https://www.strava.com/routes/3402241563684573892">https://www.strava.com/routes/3402241563684573892</a>
10KM PEACE RUN	<a href="https://www.strava.com/routes/3395269286080196156">https://www.strava.com/routes/3395269286080196156</a>
21.095 KM HALF MARATHON	<a href="https://www.strava.com/routes/3395388289901320850">https://www.strava.com/routes/3395388289901320850</a>
42.195 KM MARATHON	<a href="https://www.strava.com/routes/3395419839272088922">https://www.strava.com/routes/3395419839272088922</a>

### HOW TO REACH THIMPHU?

- **BY AIR:** There are direct return flights from New Delhi, Kolkata, Kathmandu & Bangkok.
- **BY ROAD:** From India, one can reach Bagdogra by flight or nearest railway stations are New Jalpaiguri or Hasimara by train. By road they can enter BHUTAN at JAIGAON-PHUMENTSHOLING border. After entering will take 5 hrs, drive for THIMPHU.

### ORGANIZED BY:



Thimphu Marathon Committee  
Dangrina, Dechencholing, Thimphu, Bhutan  
+975 77118130, E-Mail: [info@bhutanmarathon.com](mailto:info@bhutanmarathon.com)

