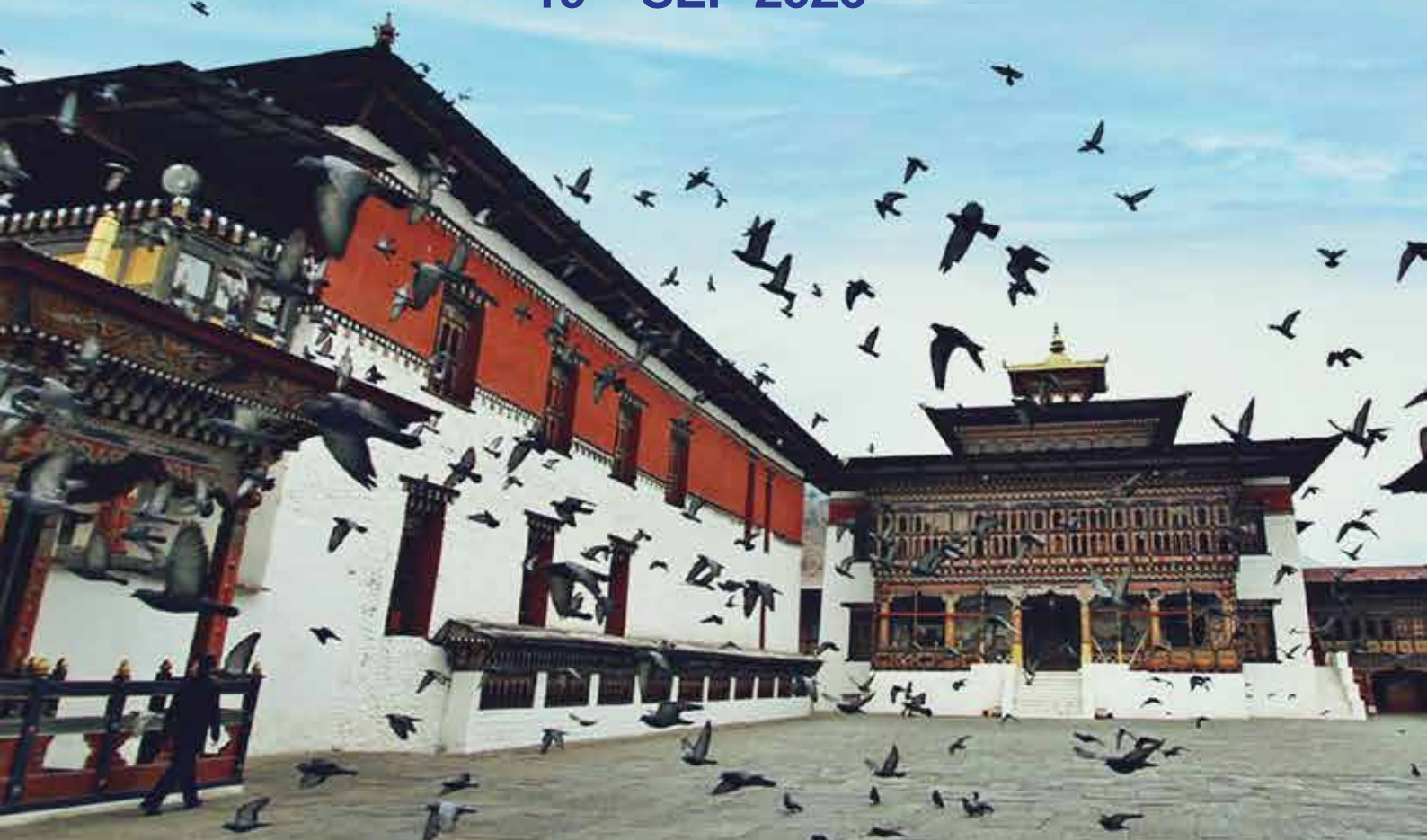




EXPERIENCE SCENIC & FESTIVE BHUTAN

with **THIMPHU MARATHON**
19TH SEP 2026



CERTIFIED BY



BHUTAN
Believe

ORGANIZED BY:

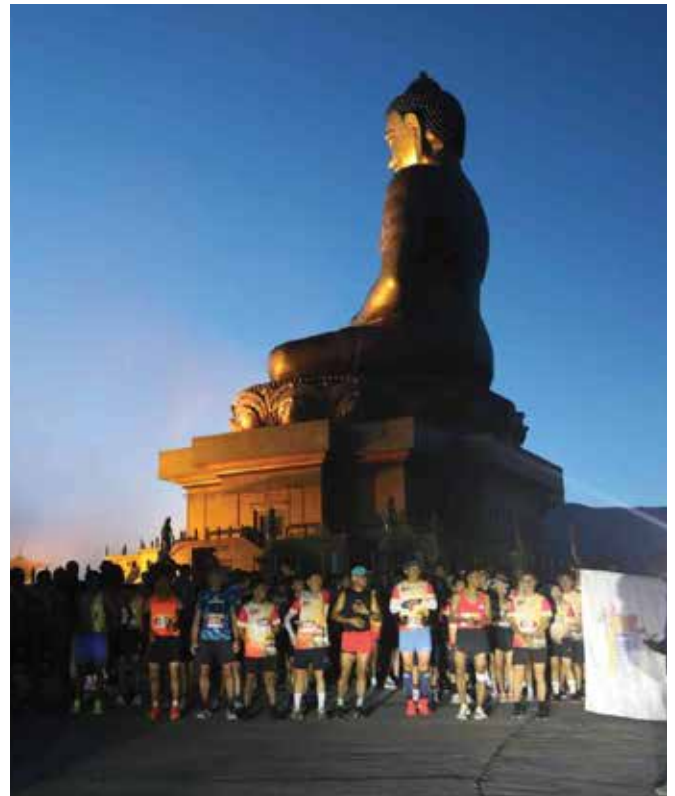


**05 NIGHTS
06 DAYS**

**BHUTAN
EXPERIENCE**

**18-23
SEPT'26**

AFTER THE GRAND SUCCESS OF THE 1ST EDITION OF THIMPHU MARATHON'25



Following the remarkable success of the AIMS Certified Thimphu Marathon – Run for Global Peace 2025, which welcomed over 500 runners from 12+ countries, we are delighted to announce the Second Edition in 2026 on **19th September 2026**.

Set amidst Bhutan's sacred valleys and serene Himalayan peaks, the Thimphu Marathon celebrates global peace, climate consciousness, and mindful living, inspired by Bhutan's guiding philosophy of Gross National Happiness and the visionary concept of the Gelephu Minidfulness City.



DAY 01

FRIDAY, 18 SEPT'26

ARRIVAL & BIB EXPO

SECTOR	FLIGHT	TIME
NEW DELHI / PARO	KB 201	1230/1520

- Arrive at Paro International Airport – where tradition meets tranquility.
- Scenic drive to Thimphu, Bhutan's vibrant capital.
- On the way visit Tamchog Monastery built in 15th Century by Thang Tong Gyalpo.
- Hotel check-in and refresh.
- Visit the Memorial Chorten, a national monument dedicated to world peace.
- Evening visit to the **THIMPHU MARATHON** Bib Expo - Collect race kits, meet fellow runners, and enjoy cultural previews.
- Overnight at Thimphu Hotel.

MEALS: No Meal.

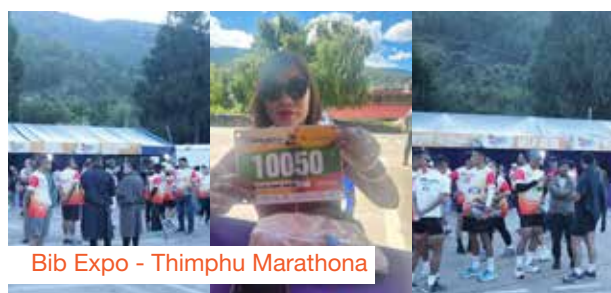
HOTEL: Puntsopelri, River View or Same



Thimphu City



Memorial Chorten



Bib Expo - Thimphu Marathon



DAY 02

SATURDAY, 19 SEPT'26

MARATHON DAY & FESTIVAL EXPERIENCE

- **EARLY MORNING:** Participate in the Thimphu Marathon – Run for Global Peace.
- Visit Largest Statue of Buddha Dordenma in the world at Kuensel Phodrang.
- Post-race wellness and recovery session.
- Afternoon transfer to Punakha, the ancient capital of Bhutan.
- Attend the Wangdue Phodrang Tsechu, a spectacular religious festival featuring sacred mask dances, folk songs, and blessings.
- Overnight in Punakha.

MEALS: Breakfast at hotel. (Lunch at Venue)

HOTEL: Hotel River Valley or Same



Thimphu Marathon – Run for Global Peace



Wangdue Phodrang Tsechu



Dordenma - world largest
statue of Buddha



ABOUT THE FESTIVAL: The Wangdue Phodrang Tsechu is a three-day festival celebrating the legacy of Guru Rinpoche. Key highlights include the dramatic Dance of the Ox, sacred mask performances, and rituals that embody Bhutan's living heritage.

DAY 03

SUNDAY, 20
SEPT'26

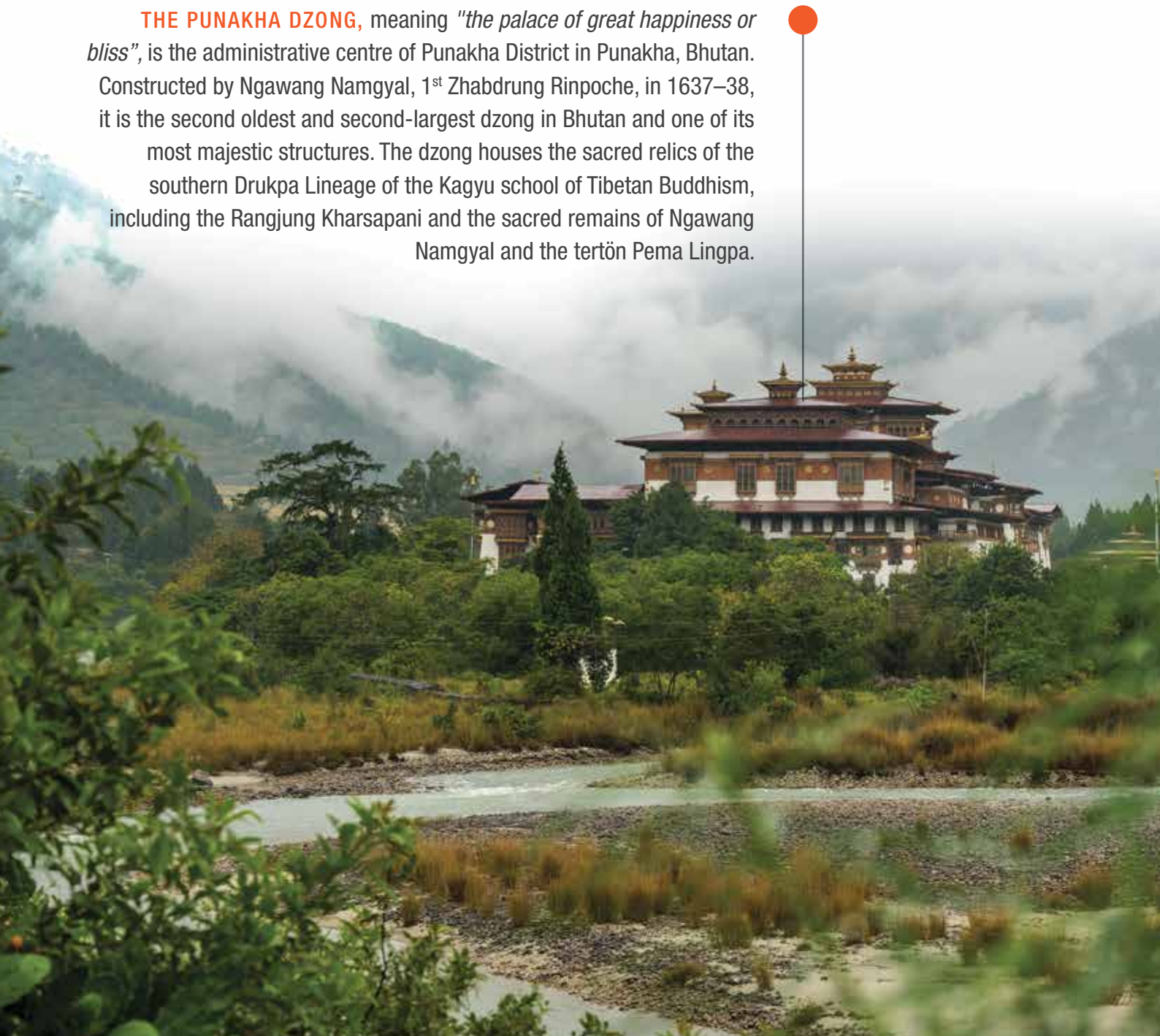
SPIRITUAL HERITAGE
& SCENIC DRIVE

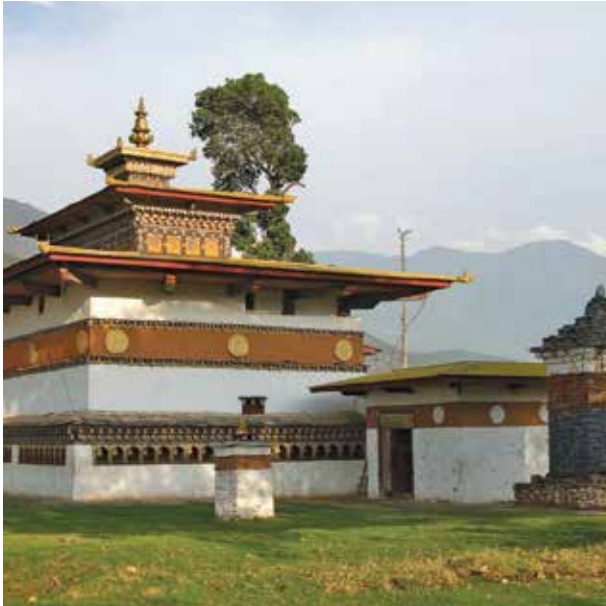
- Visit the Punakha Dzong, “Palace of Great Happiness,” located at the confluence of two rivers.
- Visit Chimi Lhakhang, the “Fertility Temple” built in 1637 by Drukpa Kunley.
- Scenic drive back to Thimphu via Dochula Pass (108 Temples) and Simtokha Dzong, Bhutan’s oldest fortress.
- Evening leisure time in Thimphu.
- Overnight in Thimphu.

MEALS: Breakfast at hotel.

HOTEL: Phuntsho Pelri, Riverview or Same

THE PUNAKHA DZONG, meaning *“the palace of great happiness or bliss”*, is the administrative centre of Punakha District in Punakha, Bhutan. Constructed by Ngawang Namgyal, 1st Zhabdrung Rinpoche, in 1637–38, it is the second oldest and second-largest dzong in Bhutan and one of its most majestic structures. The dzong houses the sacred relics of the southern Drukpa Lineage of the Kagyu school of Tibetan Buddhism, including the Rangjung Kharsapani and the sacred remains of Ngawang Namgyal and the tertön Pema Lingpa.





CHIMI LHAKHANG, also known as the "*Fertility Temple*," is a monastery reached via a pleasant 20-30 minute walk through rice fields. It is dedicated to the saint Drukpa Kunley, known as the "Divine Madman," and is famous for its fertility blessings using symbolic phallus imagery, which adorns the temple and surrounding village.

DOCHULA'S 108 TEMPLES, or Druk Wangyal Chortens, are a prominent stop on any tour from Thimphu to Punakha. This short itinerary description should mention the serene atmosphere created by the 108 chortens built in memory of Bhutanese soldiers, the chance to see the stunning Himalayan panoramic views on clear days, and a nearby Druk Wangyal Lhakhang temple.



SIMTOKHA DZONG is a historic fortress monastery built in 1627, making it the oldest in Bhutan. It now houses the School for Buddhist Studies and offers a serene glimpse into Bhutanese religious and architectural history through its intricate woodwork, murals, and the opportunity to see monks.

DAY 04

MONDAY, 21 SEPT'26

THIMPHU TSECHU & CELEBRATION NIGHT

- Full-day experience at the Thimphu Tsechu, Bhutan's grandest cultural festival (21–23 September 2026).
- Witness sacred masked dances, receive blessings from monks, and explore Tashichho Dzong and Changangkha Lhakhang.
- Transfer to Paro (1 Hours 30 Min)
- Overnight in Paro.

MEALS: Breakfast at hotel.

HOTEL: Paro Grand or Tenzinling

THIMPHU TSHECHU 2026 is scheduled for September 21-23, 2026.

This major annual religious festival celebrates Guru Rinpoche, who brought Tantric Buddhism to Bhutan. The event in Bhutan's capital features masked dances, spiritual rituals, and the unveiling of a large sacred scroll called a thongdrel.





TASHICHHO DZONG is a majestic fortress monastery in Thimphu that serves as the seat of Bhutan's government and religious institutions

CHANGANGKHA LHA KHANG is an 12th-century temple perched on a hill overlooking Thimphu, known for its stunning views and spiritual significance. It's a must-visit for tourists to experience local culture, observe prayer rituals, and take photos.



DAY 05

TUESDAY, 22 SEPT'26

TIGER'S NEST & PARO EXPLORATION

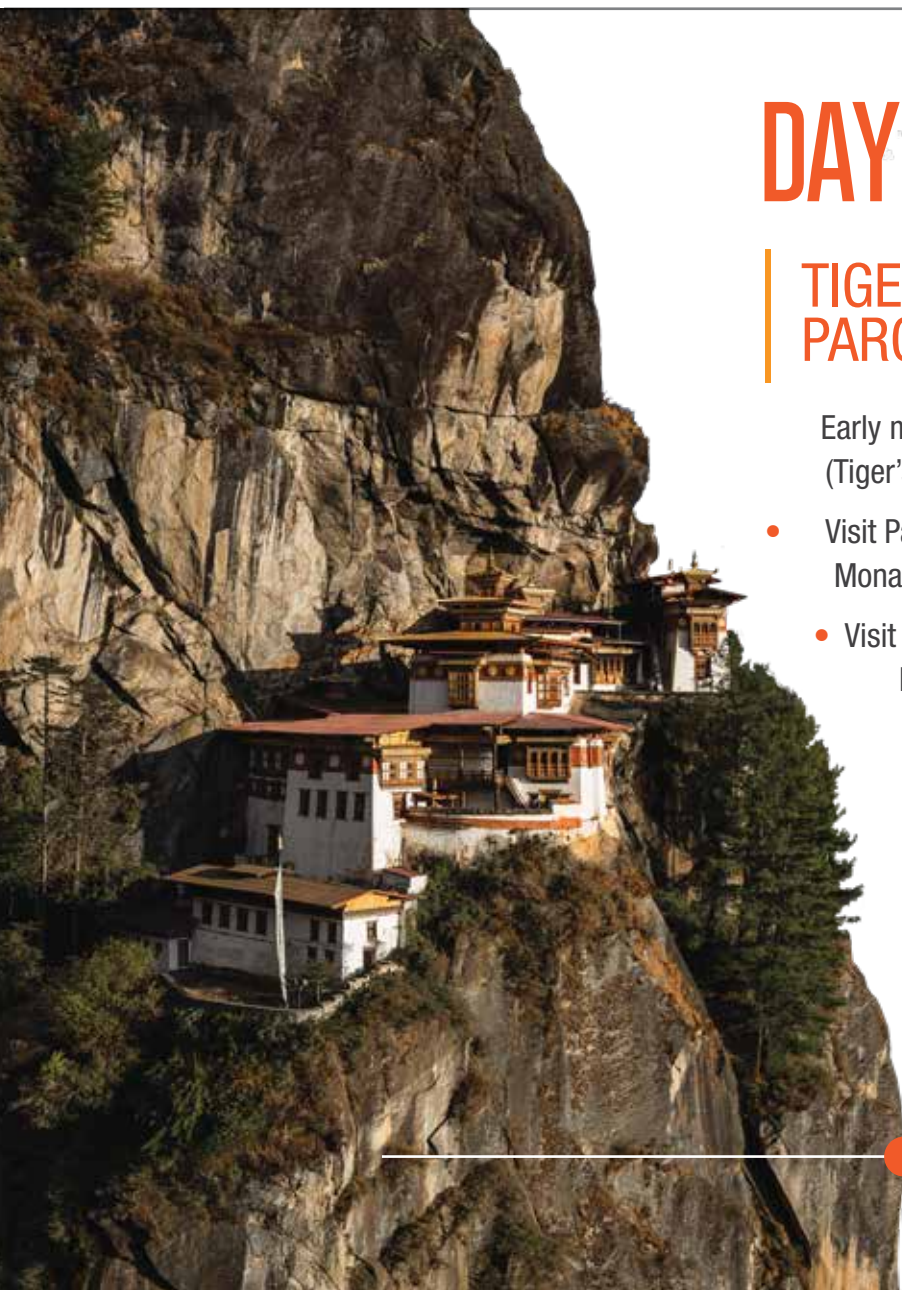
Early morning hike to Taktsang Monastery (Tiger's Nest) – Bhutan's most iconic landmark.

- Visit Paro Dzong (Rinpung Dzong) and Kichu Monasteries.
- Visit Paro Town City Center Market, a vibrant street lined with traditional Bhutanese architecture, local shops, and cafés - perfect for souvenir shopping, tasting local products like cheese and dried vegetables, and enjoying the relaxed cultural atmosphere of the town
- Overnight in Paro.

MEALS: Breakfast at Hotel.

HOTEL: Paro Grand or Tenzinling

TAKTSANG MONASTERY (Tiger's Nest)





TAKTSANG MONASTERY, or "Tiger's Nest," is a cliffside complex in Bhutan known for its iconic location and spiritual significance. The highlights include an early morning hike through pine forests, a break at a viewpoint café, and exploring the monastery itself, which is a sacred site built around a cave where Guru Rinpoche meditated. The total trek can take 4-6 hours round trip.

PARO DZONG, also known as Rinpung Dzong, is a fortress-monastery that is a must-see for its traditional Bhutanese architecture and serves as a central administrative and religious center. It was a primary filming location for Bernardo Bertolucci's 1993 drama "Little Buddha".



KICHU LHAKHANG, built in the 7th century by the Tibetan king Songtsen Gampo, Kyichu Lhakhang is considered to be one of the oldest Buddhist temples in Bhutan.

DAY 06

**MONDAY, 23
SEPT'26**

DEPARTURE

- Transfer to Paro International Airport.
- Depart Bhutan with memories of peace, purpose, and personal triumph.

MEALS: Breakfast at hotel

SECTOR	FLIGHT	TIME
PARO / NEW DELHI	KB 202	0940 / 1130

BHUTAN MARATHON TOUR PACKAGE DETAILS

DURATION:	PARTICIPANTS:	TOTAL COST (PER PERSON)	SINGLE SUPPLEMENT:
5 NIGHTS / 6 DAYS	Arrival by flight	₹36,500/-	₹7500/-

HIGHLIGHTS FOR RUNNERS & TRAVELERS

- Participate in the AIMS Certified Thimphu Marathon – Run for Global Peace
- Witness two grand Bhutanese festivals – Wangdue Tsechu & Thimphu Tsechu 2026
- Explore Bhutan's three iconic valleys – Paro, Thimphu, and Punakha
- Visit Bhutan's cultural jewels – Punakha Dzong, Dochula Pass, Tiger's Nest
- Perfect blend of sports, culture, and spirituality
- Meet the Local People, Visit Bhutanese Villages and Farms.
- Enjoy the scenic Landscapes.
- Wear Bhutanese Costumes/ Dress during Thimphu Tsechu 2026. Inform in advance and we will arrange them accordingly with payment of ₹1000/=

PACKAGE INCLUSIONS

- Join group with licensed English-speaking Bhutanese guide and driver.
- All transfers and sightseeing as per itinerary.
- Accommodation in 3-star traditional hotels with private bathrooms (twin sharing).
- SDF (Sustainable Development Fee Per Day/ Person ₹1200/=) and local taxes.
- Bank transfer and communication fees.
- Marathon participation including: Entry Fee • Official T-shirt • Finisher's Medal • BIB Number • Participation Certificate.
- Hotel with Breakfast only and 2 mineral water daily.
- Race day lunch at Venue

PACKAGE EXCLUSIONS

- Personal expenses (laundry, drinks, coffee, calls, tips).
- Travel insurance (highly recommended).
- Return International flight ticket: New Delhi-Paro-New Delhi ₹39,500/- Per Person inclusive of Tax.
- All Lunch and Dinner is on direct payment basis. Only Breakfast and Event Day Lunch at Venue is included. Each Lunch or Dinner cost at Hotel Per Person / Meal @ ₹900/-.
- All monuments and temples entrance fee is excluded. Buddha Dordenma & Taktsang

Monastery (Tiger's Nest) Entrance fee ₹1000/- per Person, Rest all Famous temples and Dzongs are ₹500/- per Person

- Can enjoy Gala Dinner with Soft Drink and Beer on Last night with a private traditional Bhutanese Mask Dance show ₹2000/

- The group will move together as per the itinerary. Participants who choose not to enter monuments or temples will be required to wait at the designated area until the group completes the sightseeing.

CANCELLATION POLICY (LAND TOUR)

- Non-refundable deposit: ₹20,000/- at booking.
- Full payment due: by 18 June 2026 (3 months prior).

CANCELLATION CHARGES:

- Less than 45 days: ₹25,000/-
- Less than 30 days: ₹30,000/-
- Less than 15 days: ₹35,000/-
- Less than 07 days: No refund

MODE	DETAILS
For Booking/Registration Confirmation	Advance ₹20,000/- Pay by Card or Bank Transfer https://rzp.io/rzp/KEGGN2c Buddha.Tours
Balance amount payable before 18-Jul-26 into below given INR Account.	
BANK NAME	ICICI BANK
ACCOUNT NUMBER	169405500741
ACCOUNT NAME	BUDDHA.TOURS
IFSC CODE	ICIC0001694
BRANCH	LOK VIHAR
ADDRESS	168, Lok Vihar, Pitam Pura, New Delhi-110034

DELAYED ARRIVALS

- No cancellation fees apply for delays caused by weather conditions or roadblocks.
- However, travelers will bear the cost of food, accommodation, and transport during such periods.

NOTE:

- Flight schedules and fares are indicative and subject to change.
- Advance booking is recommended, as Paro International Airport has limited daily flights.
- Only Druk Air and Bhutan Airlines operate direct flights to Bhutan.
- Scanned copy of Valid Passport & Photograph require for **BHUTAN VISA**.

REMARKS: Flight times, schedule or Itinerary may be subject to change depending on local circumstances.

USEFULL INFORMATIONS:

- **REGISTRATION PROCESS:** Visit www.bhutanmarathon.com and click on register, Follow the steps and fill all the required information.

- **VISA PROCESS:** FOR INDIANS: Please provide us scanned copy of valid passport with passport size photo 1 Month before departure.
In case of not having passport For Indians only: Scanned copy of original Voter ID Card (Election I Card) is required. The same has to be shown at the time of entry. **Voter ID card should must be original card issued by election commission of India. Downloaded Voter ID card from the Election commission of India is strictly prohibited.**
- **CURRENCY:** Indian currency is widely accepted in Bhutan and is having same value as Bhutanese currency NU.
UPI payment is also available from any platform in Bhutan.
- Based on long-term climate data, the weather in Thimphu, Bhutan, around September 19, 2026, is expected to be a transition period from the monsoon season to early autumn. You can anticipate a blend of warm, pleasant days, cool evenings, and a moderate chance of lingering rain showers.

KEY CLIMATE FACTORS FOR SEPTEMBER 19, 2026:

TEMPERATURE: Average daytime highs around 20°C - 24°C (68°F - 75°F) with evening lows dropping to approximately 7°C - 10°C (44°F - 50°F).

RAINFALL: While the heavy monsoon rains usually end by August, light to moderate rainfall is still likely, with an average of 14-22 rainy days throughout the month.

CONDITIONS: The landscape will be lush and green. Expect increasing sunshine, with around 5-6 hours of sun daily.

UV INDEX: High (up to 11+).

ROUTE MAP	
2.5 KM MEMORIAL RUN	https://www.strava.com/routes/3395600876538077650
05 KM FINAL GREEN RUN	https://www.strava.com/routes/3402241563684573892
10KM PEACE RUN	https://www.strava.com/routes/3395269286080196156
21.095 KM HALF MARATHON	https://www.strava.com/routes/3395388289901320850
42.195 KM MARATHON	https://www.strava.com/routes/3395419839272088922

HOW TO REACH THIMPHU?

- **BY AIR:** There are direct return flights from New Delhi, Kolkata, Kathmandu & Bangkok.
- **BY ROAD:** From India, one can reach Bagdogra by flight or nearest railway stations are New Jalpaiguri or Hasimara by train. By road they can enter BHUTAN at JAIGAON-PHUEUNTSOLING border. After entering will take 5 hrs, drive for THIMPHU.

ORGANIZED BY:



Thimphu Marathon Committee
Dangrina, Dechencholing, Thimphu, Bhutan
+975 77118130, E-Mail: info@bhutanmarathon.com

